

NEW ZEALAND
COUNCIL OF

HOMEOPATHS CONFERENCE 2013



Sustainability for the Homeopath in Practice
Hamilton Gardens, Cobham Drive, Hamilton
17-18 August | 19 August Liz Lalor Seminar





HAMILTON GARDENS: The Chinese Scholars Garden

WELCOME

Once again Waikato Homeopaths have the honour of hosting the NZCH Conference in Hamilton. 'Sustainability for the Homeopath in Practice' is going to be an inspiring and motivational conference for all homeopaths and students. Sustainability is an exciting area to explore the blending of work, study and play while supporting longer term balance of a thriving practice.

We have the great privilege of bringing you leading world figures in Homeopathy: Liz Lalor, Miranda Castro (via Skype) and Peter Tumminello. In addition we have a collective of inspired speakers offering workshops in an array of subjects designed to strengthen both the homeopath and the homeopathic practice. Please stay posted to our Facebook page NZCH Conference 2013 for updates of these workshops.

Please consider presenting an abstract yourself! This is an exciting opportunity to share your opinions on a topic you are passionate about or to share an inspiring case.

Hamilton Gardens venue will open promptly at 8am 17th August for registration and collection of your conference proceedings. It is an opportunity to socialise and catch up with your fellow colleagues as well as perusing the offerings of our stalls. If you have secondhand or unwanted homeopathy books to sell we have a stall dedicated to you. All stalls will be open to purchase items during breaks only. Eftpos is not available so please bring cash or cheque to purchase these items. Delegates will be seated by **8.45am** for commencement of the AGM followed by the official opening of the conference by Her Excellency Lady Janine Mataparae. We also invite you to join us on Saturday evening for dinner and entertainment.

Any queries please send an email to:
conference@homeopathy.co.nz

We look forward to welcoming you to Hamilton.



SUSTAINABILITY: *noun* the ability to be sustained, supported, upheld, or confirmed. The quality of not being harmful to the environment or depleting natural resources and thereby supporting long-term ecological balance

WHAT'S ON

Liz Lalor
SEMINAR PG 5
Thanks to our sponsors PG4

GUEST
SPEAKERS PG 6

CALL
FOR
ABSTRACTS

PG 8

workshops
PG 9
book stall
2nd hand
PG 9

PG 7 TRAVEL AND
ACCOMMODATION PG 10-12

registration
form PG 13

AGM PG7



Where

Hamilton Gardens, Cobham Drive, Hamilton

Conference

Saturday and Sunday 17-18 August

Dinner and entertainment

Saturday 17 August

Liz Lalor Seminar

Monday 19 August

How to register

Complete enclosed registration

Conference includes

Conference and conference proceedings
Annual General Meeting
Lunch, morning and afternoon teas

Conference queries

If you have any queries please contact
conference@homeopathy.co.nz



SPONSORS

PLATINUM sponsor



BAY OF PLENTY COLLEGE OF
Homeopathy

SILVER sponsors

CourierPost 




**Naturo
Pharm**

bioSEA
Biological Solutions



Simillimum
HOMEOPATHIC PHARMACY

BRONZE sponsors

**NZ Homoeopathic
Society**



Selene
Homoeopathics


**HOMEOPATHIC
FARM SUPPORT LTD**

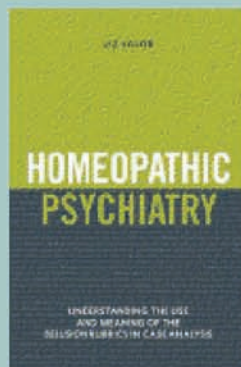
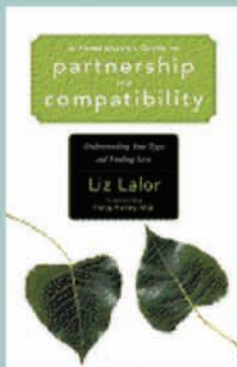
NZCH would like to sincerely thank the following sponsors

Bay of Plenty College of Homeopathy, Courier Post, Raw Essentials, Naturo Pharm, BioSea Biological Solutions, Simillimum Homeopathic Pharmacy, NZ Homoeopathic Society, Arthur Holmes, Selene Homoeopathics and Homeopathic Farm Support Ltd

'KEY' GUEST SPEAKER Liz Lalor Seminar Monday 19 August

Liz Lalor lectures on the connective relationship between the mental and emotional disturbance, and the physical manifestation of that disease, and the inherent relationship between the two.

Liz has prepared a series of cases which are all aimed at helping student homeopaths and experienced homeopaths listen for the unusual or peculiar aspects of a patients case. Many New Zealand homeopaths will be familiar with Liz's lecturing from the lectures in Hamilton in 2011, and will know that the cases she presents are all severe pathology cases which will be of great interest for the practical homeopathic treatment of chronic disease.



Liz Lalor is the author of **A Homeopathic Guide to Partnership and Compatibility** which is an exploration of constitutional remedy profiles and homeopathic compatibility. Lalor's second book **Homeopathic Psychiatry** is not only a great addition to understanding case-taking techniques it is an extensive Materia medica study and application of the Delusion rubrics. **Homeopathy Psychiatry** is now a repertorising program in RadarOpus but attendees do not need anything other than repertory for this lecture, Synthesis if you have one. Lalor is the originator of the Liz Lalor Fertility Programme. Liz has worked with 323 different women and has been successful with 281 babies born.

"I am very excited to be coming back to New Zealand to lecture, I had a great time last time and made lasting friendships. I am working on an interesting day on the Monday for everyone.

The theme will be about understanding the emotional and mental language a patient is using and learning how to spot what is unusual in what they are saying and how to interpret that in the case.

Sometimes when we listen to patients it is so easy to be overwhelmed and we spend the whole consultation feeling out of our depth. Rather I would prefer to teach some simple listening techniques which help to break down the patients language into understandable dilemmas".



Liz Lalor



GUEST SPEAKERS

1. Treasures for Teenagers:

Teenage years are a time of change, change is disturbing and the experience is often a behavioural minefield. There are mood swings, rebellion against authority, hormonal euphoria, the dramas of falling in love, the consequences of early sexual relations, not to mention downright rudeness! Amongst the gems is a set of medicines that ably meet these events. They include known remedies from 'Twelve Jewels' like Pearl, Morion and Black opal and newer gem remedies like Rose Quartz, Red Zircon and Turquoise.

2. Making your practice Viable: Discomfort in homeopathic practice

What is the problem, why do so many homeopaths find it difficult to sustain a financially and energetically viable practice? Peter has queried this with practitioners around the world. He will discuss his vast experience and views on this and reflect on the state of homeopathy in the world today. He will discuss the paradigm of homeopathic practice in western countries and viable solutions for its growth. He will also co-ordinate and feedback on a survey of the practice experiences of the conference participants themselves.

Bio: Peter is an Australian homeopath of nearly 30 years who has presented seminars in Europe, Australia and New Zealand. He was co-founder, and principal of the Sydney College of Homeopathic Medicine. He is author of a major work on medicines made from crystals called "Twelve Jewels". He is also a qualified gemmologist and has travelled widely to collect and mine gems for preparing homeopathic medicines.



Peter Tumminello



Miranda Castro

Adapt and Thrive: Surviving in Homeopathic Practise in a brave new world

Sustainability is the capacity to endure - even through the hard times. For our community right now it's the willingness to diversity in a rapidly changing world. Miranda will explore some of the common issues that homeopaths are facing in this current climate of increased knowledge but decreased common sense, in a world that is heating up all kinds of expected and some expected ways.

She will present some solutions that have worked for her, that have enabled her to endure as a professional homeopath for more than 30 years, and she will consider some of the changes she thinks we need to make in order to survive and thrive as a profession.

Bio: Miranda Castro is a British homeopath who has been practicing classical homeopathy since 1982 and living in the US since 1994. She is a Fellow of the Society of Homeopaths (UK) and past president of the North American Society of Homeopaths, and she has been speaking and teaching both sides of the Atlantic since 1988. She has a special interest in ethics, practitioner development and patient management issues, and in the health and well-being of the whole homeopath.

She is author to the best-selling **The Complete Homeopath Handbook**, the much loved **Homeopathy for Mother and Baby**, and **A Homeopathic Guide to Stress**. Her books have made classical homeopathy spectacularly accessible to the lay person - giving people the tools to accurately and safely select healing remedies for themselves and their families.

She currently lives in Gainesville, Florida where she is practicing , writing, teaching, developing healing creams and a paperless office for homeopaths - and planting an edible, sub-tropical garden.
<http://www.mirandacastro.com/>

WORKSHOPS



We have a variety of speakers and modalities making up 9 workshops for you to choose to attend on Sunday

ANNUAL GENERAL MEETING

This year NZCH is honoured that Her Excellency Lady Janine Mataparae will open our Conference in Hamilton. The NZCH executive committee really encourage you to put this date into your dairies and join us for the wonderful conference.

To ensure that all arrangements meet protocol it is important that all conference attendees are registered, seated and settled in the auditorium by 8.45am.

The NZCH AGM is following a new format as follows:

AGM PART ONE

Starting at 8.45am

- Welcome
- Introduction of Jill Willby and Leila Joffe who were seconded onto the Executive in 2012
- Annual Reports
- Voting of Remits
- Voting of new President and Executive Committee members

NB: Any further discussions for general business or matters can be tabled for the second part of the AGM

AGM PART TWO

Starting at 12.45pm - Working Lunch

- Discussion of general business
- Introduction of new Executive Committee
- Review Business Plan 2013-2018

Your attendance and input into the AGM is not only appreciated but is essential to the running of your council. This is an ideal opportunity for all members to discuss pertinent issues to ensure that NZCH is working as a united and strong body in the promotion of homeopathy in New Zealand.



CALL FOR ABSTRACTS



The NZCH Conference Committee invites all homeopaths/natural health practitioners to submit an abstract to present a paper at our biennial conference.

This is your opportunity to present a condensed version of an interesting case, concept, achievement or anything that is exciting in the world of homeopathy and natural health. A power point will need to accompany the presentation at the conference. (This is not needed for the initial submission).

First time presenters along with experienced presenters are encouraged to consider this opportunity.

All abstracts should be submitted in the following format:

Title

Presentation Title

Author

Please provide a profile of the author/presenter in no more than 150 words

Contact Details

Presenters postal address, email and phone number

Body of Abstract can be in two styles

1. Case abstract: Overview, Methods, Results, Conclusions
2. Opinion Piece: Objective, Discussion, Conclusions

Please provide a description /summary of the abstract that you would like to present - limited to 250 words. The font should be 10pt Tahoma and single spaced. All abstracts should be submitted electronically either by email or on a USB memory stick and they should be in MS Word Format, compatible with MS Windows 7. Abstracts will only be accepted electronically.

Notification of the review committees acceptance or non-acceptance of abstracts will be mailed to authors by the 14th June 2013. All presenters must be registered for the conference.

Presenters will be allocated 10 minutes for their presentations with 5 minutes for questions. Presentations must be in PowerPoint and presented to the sound technician at the conference on a memory stick or CD.

Closing date for abstracts is Friday 31st May 2013

Abstracts to be sent to:

Kaylene Henderson
kaylene.h@xtra.co.nz
PO Box 11059, Hamilton 3251



SECOND HAND BOOK STALL



Delegates are invited to bring their no-longer needed books for sale and to pursue and perhaps buy what others have finished with.

The stall will be staffed by volunteers and to make their job easier please consider the following

- All sales are strictly cash (there is no EFTPOS facility)
- To each book you wish to sell, please attach (with a rubber band or paper clip) an envelope clearly labelled with your name, title, author of book and the sale price
- As much as possible, please price books in multiples of \$5 (eg \$5, \$10, \$15 etc)
- We will endeavour to take all care but cannot take any responsibility for books left at the stall
- Unsold books and payments for sold books can be collected at the end of the conference or the Monday seminar
- Books or monies not collected will be disposed of at the organising committees discretion



**Enquiries to:
Diane Wilcock
dianemkw.hom@gmail.com**



TRAVEL

By Car

www.wises.co.nz - this website will give you directions from anywhere

<http://hamilton.co.nz/maps/Listsmaps.aspx> - this website gives you a street map of Hamilton

Cobham Drive is part of State Highway 1 and Hamilton Gardens is situated on the Southside. Take the Hungerford Crescent entrance to the Gardens at the roundabout

Parking

There is ample parking space at Hamilton Gardens

Hamilton Airport

There are a wide number of flights to destinations throughout New Zealand to and from Hamilton Airport. Their website is www.hamiltonairport.co.nz

Transport to and from Airport

Hamilton Airport is a 15 to 20 minute drive to the venue

Supershuttle

Phone +64 7 843 7778 or email reservations@tourismtransport.co.nz.

Taxis are readily available at the airport

Buses and Trains

There are a number of bus and some train services to Hamilton. Contact your local travel agent for information relevant to your area



HAMILTON GARDENS

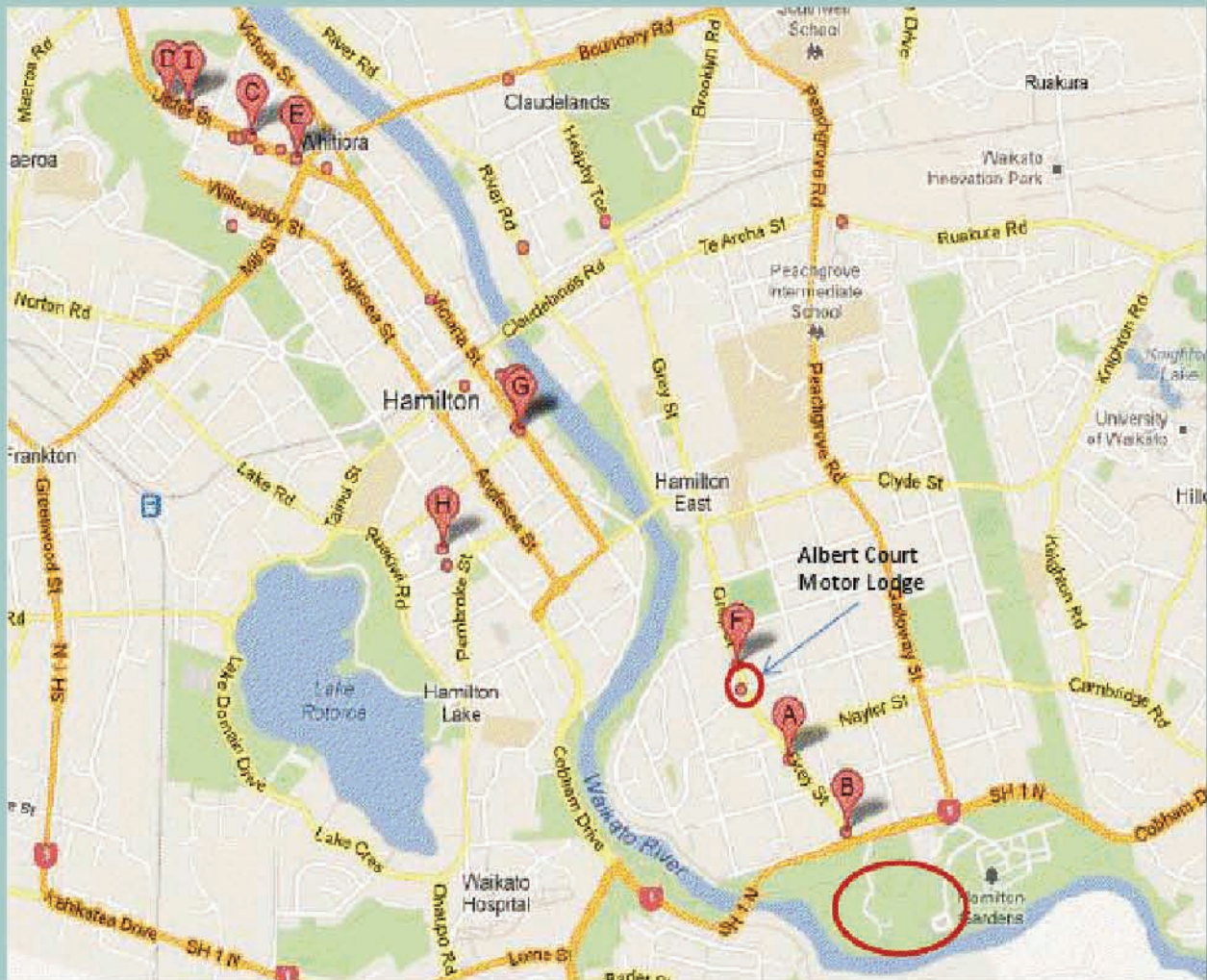


MAP & ACCOMMODATION

Accommodation near Hamilton Gardens

A compilation of a range of accommodation venues near the Hamilton Gardens.

All information gathered from websites. Prices given per room are for two people per night unless otherwise stated. If information is not clear please check the relevant website.



FROM
\$145
per night

Recommended Motel

Albert Court Motor Lodge, 29 Albert Street (corner Albert and Grey Streets)
Hamilton East, Hamilton 3216 | 07 929 4047 | www.albertcourt.co.nz

Easy walk to the Gardens. Opened 2010. Boasts "superior executive Hamilton accommodation" and extra long top quality beds. A variety of units from \$145.

Mention, at time of booking that you are attending the NZCH conference and they will give you a discount of \$10 per night for three nights stay or \$5 per night for two nights stay.

ACCOMMODATION

Other venues

B.

FROM
\$29
per night

J's Backpackers - BBH
8 Grey Street, Hamilton East,
Hamilton 3216 | 07 856 8934
www.bbh.co.nz

Closet accommodation to the gardens - just across the road. Dormitory bed \$29, single room \$53, double room \$32, twin room \$32, family room \$84

F.

FROM
\$135
per night

Aspen Manor Hotel
209 Grey Street, Hamilton East,
Hamilton 3216 | 0800 277 369
www.aspenmanor.co.nz

Easy walk to the gardens. **Qualmark 4 star**. Rooms from \$135 per night. Limited bookings available for Sunday night.

Across the road from F.

FROM
\$79
per night

Manhattan Lodge Motel
218 Grey Street, Hamilton East,
Hamilton 3216 | 07 856 3785
www.manhattanlodgemotel.co.nz

Easy walk to the gardens. Single \$79-99, double/twin share \$95-130, extra person \$15. Special rates for AA, RSA members and senior citizens.

G.

FROM
\$99
per night

Victoria Hotel Suites
303 Victoria Street, Hamilton 3204
07 958 1110 | www.victoriasuites.co.nz

Located in the central city, 10 minutes drive to the gardens. Affordable luxury, rooms from \$99.

G.

FROM
\$109
per night

Commercial Hotel
287 Victoria Street, Hamilton 3204
07 839 4993
<http://sudimahotels.com/hamilton/>

Located in the central city, 10 minutes drive to the gardens. Self-rated 4 star hotel. Rooms from \$109.

G.

FROM
\$149
per night

Novatel Hamilton Taimui
7 Alma Street, Hamilton West 3204
07 838 1366
<http://www.accorhotels.com/gb/hotel-2159-novotel-hamilton-taimui-index.shtml>

Modern 4 star hotel in central city. 10 minute drive to the gardens. Rooms from \$149.

Near H.

FROM
\$40
per night

Colonial City Hotel
23 Thackeray Street, Hamilton West 3204
07 838 2479 | www.colonialcitymotel.com

Centrally located but away from the CBD. Short drive to the gardens. Rooms from \$85, dormitory beds \$40.

H.

FROM
\$109
per night

Tudor Motor Lodge
24 Thackeray Street, Hamilton West 3204
www.tudormotorlodge.co.nz

Centrally located but way from the CBD. Short drive to the gardens. Rooms from \$109.

Near H.

FROM
\$30
per night

YWCA Hostel
28 Pembroke Street, Hamilton Lake,
Hamilton 3204 | 07 838 2219
www.hamilton.ywca.org.nz/hostel

Accommodates men and women. Rooms \$30 per person per night.

Over the river from G.

FROM
\$29
per night

Forty Winks
267 River Road, Claudelands, Hamilton 3214
07 855 2033
<http://bbh.co.nz/hd854/forty-winks-backpackers-in-hamilton-newzealand.html>

Centrally located but away from the CBD, beautiful old house. 10 minutes to gardens. Dormitory bed \$29, single room \$35, double room \$55 and family room from \$75.

Between G & E.

FROM
P.O.A
per night

Backpackers Central Hamilton
846 Victoria Street, Hamilton Central,
Hamilton 3204 07 839 1928
www.backpackerscentral.co.nz

Located in the CBD. 10 minute drive to the gardens. Dormitory beds, single, twin or double rooms.

Between G & E.

FROM
\$28
per night

Eagles Nest Backpackers
937 Victoria Street, Hamilton 3204 | 07 838 2704
Located in the CBD. 10 minutes drive to the gardens. Dormitory beds from \$28, twin and double rooms from \$30 per person.

E.

FROM
\$29
per night

Microtel Backpackers Ltd
140 Ulster Street, Whitiara, Hamilton 3200
07 957 1848 | www.microtel.co.nz

10-15 minutes drive to the gardens. Dormitory beds from \$29, single rooms from \$39, double room with ensuite from \$49, studio from \$79

REGISTRATION FORM

Sustainability for the Homeopath in Practice

New Zealand Council of Homeopaths Conference
Hamilton Gardens, Cobham Drive, Hamilton
17th to 19th August 2013



Name: _____

Address: _____

Telephone: _____ Email: _____

(for confirmation of registration please include email address or send a stamped, self addressed envelope)

Please return form and payment to:

NZCH Conference 2013
C/- A McBeth
1472 Arapuni Road
RD2
Te Awamutu 3872

Details and enquiries
may be emailed to
conference@homeopathy.co.nz

**There will be a \$50
admin fee deducted
for all cancellations**



NZCH CONFERENCE 2013

**Keep up to date with the
latest news on speakers,
notices, accommodation etc**

CONFERENCE FEES

Inc GST

- | | | |
|---|-------------------------------------|--------|
| <input type="radio"/> NZCH Member | <input type="radio"/> NZCH Intern | 250.00 |
| <input type="radio"/> Homeopath | <input type="radio"/> Other _____ | 270.00 |
| <input type="radio"/> Student | <input type="radio"/> College _____ | 230.00 |
| <input type="radio"/> Late fee if received after 19 July 2013 | | 50.00 |
| <input type="radio"/> Conference Dinner & Entertainment
Saturday evening | | 65.00 |
| <input type="radio"/> Liz Lalor One Day Seminar
Monday 19th August | | 120.00 |

TOTAL PAID: \$ _____

Lunch, morning and afternoon teas are included,
please advise if you have any dietary requirements:

Payments:

- Cheque:** Payable to New Zealand Council of Homeopaths
- Internet:** ANZ: 06 0889 0204103 03
(Please quote your name and conference as ref)
- Credit Card:** Mastercard Visa

Name of cardholder: _____

Card number: _____

Expiry date: _____

Signature: _____